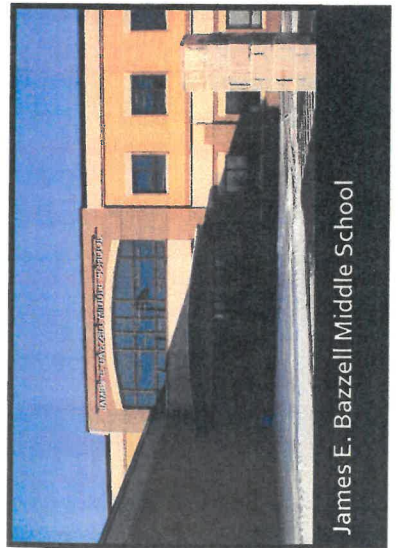


Physical Activity Environment Assessment

Schools play a crucial role in influencing lifetime physical activity behaviors. Evidence supports a correlation between test scores and the physical well-being of students. Allen County schools provide facilities and sound curriculum/policies to create an encouraging environment for a variety of physical activity opportunities.

Program/Activity	Elem.	Middle	High
Provide daily recess	Yes	Yes	n/a
Provide intramural physical activity opportunities	Yes	Yes	Yes
Provide extracurricular physical activity opportunities	Yes	Yes	Yes
Offer facilities to families/community for physical activity opportunities	Yes	Yes	Yes
# of certified physical ed. teachers	2	1	2
Physical activities offered after school	Yes	Yes	Yes



James E. Bazzell Middle School



ALLEN COUNTY-SCOTTSVILLE HIGH

Highlights

Extracurricular Physical Activity Opportunities

- Several outdoor walking trails have been developed for public use. School playgrounds are modern, safe and available to the public at large on a year-round basis.
- Other extracurricular activities available include youth soccer, Little League football, baseball, softball, basketball, cheerleading and run clubs through several school and community organizations.
- Marching band, Winter Guard, cross country, swimming, golf, volleyball, tennis, track and field, baseball, football, basketball, cheerleading, softball, fishing, soccer, archery, and JROTC are available as organized school sports.

Additional nutrition information:

- School meals offer age appropriate serving sizes that include 1% chocolate or white milk, fruit, vegetables, proteins, and grains. Students must take at least one vegetable or one fruit with their reimbursable lunch meal.
- Menus contain 50% or more Whole Grain products, 0% trans fats and less sodium.

Allen County Schools
is an equal
opportunity provider.

ALLEN COUNTY SCHOOL DISTRICT

Achievement
Commitment
Success

Nutrition & Physical Activity Report 2017-2018



Allen County Schools are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach proficiency.

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